

10 Day Green Smoothie Cleanse Lose Up To 15 Pounds In 10 Days

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10-Day Green Smoothie Cleanse: Lose Up to 15 Pounds in 10 ... In her new book, Green Smoothies for Life, the highly anticipated follow up to the #1 New York Times bestseller 10-Day Green Smoothie Cleanse, Smith presents a way that green smoothies can be incorporated into your daily regimen. 10-Day Green Smoothie Cleanse : Lose up to 15 Pounds in 10 ... Find great deals for 10-Day Green Smoothie Cleanse : Lose up to 15 Pounds in 10 Days! by J. J. Smith (2014, Paperback).

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Shop with confidence on eBay. I Tried the 10-Day Green Smoothie Cleanse and This Is What ... 10 days of torture for the promise of a 10-15 pound weight loss or a life-changing ... 10-Day Green Smoothie Cleanse and This ... for dinner to spice it up. Day.

10-Day Green Smoothie Cleanse by JJ Smith (2014): Food list 10-Day Green Smoothie Cleanse (2014) is a 10-day detox/cleanse made up of green leafy veggies, fruit, and water. 10-day cleanse â€” either full (green smoothies and light snacks) or modified (green smoothies and snacks and a non-smoothie meal a day). Continuing to lose weight / lifetime diet â€” unprocessed, lots of produce, healthy fats, low sugar.

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